

Welcome to A-level Psychology.

The aim of the summer term project is to introduce you to the Psychology syllabus and help develop your understanding of the theories and concepts that you will be studying during the course.

Task 1: Choose a book from the reading list attached.

The knowledge you gain from what you choose to read will form the basis to your answer for Task 2.

Task 2: Complete an essay to the question *What is Psychology?*

Write 3 paragraphs to answer this question. At least one of your paragraphs must be based on the reading you have done in Task 1.

A-Level Psychology Reading List

Textbooks for the Course:

1. AQA Psychology for A-level Year 1 & AS – 2nd edition Cara Flanagan, Dave Berry, Matt Jarvis and Robb Liddle Illuminate Publishing, May 2020.
2. AQA Psychology for A-level Year 2 – 2nd edition Cara Flanagan, Dave Berry and Matt Jarvis Illuminate Publishing, September 2020.

Wider Reading: General Psychology

- The Lucifer Effect: How Good People Turn Evil by Philip Zimbardo
- Patient H.M.: A Story of Memory, Madness and Family Secrets by Luke Dittrich
- The Man who Mistook his Wife for a Hat by Oliver Sacks
- Understand Psychology: How your mind works and why you do the things you do by Nicky Hayes.
- The Little Book of Psychology: An introduction to the key psychologists and theories you need to know by Caroline Riggs
- Attachment: Volume One of Attachment and Loss Trilogy by John Bowlby
- How the Mind Works by Steven Pinker
- The Jigsaw Man by Paul Britton
- One Flew Over the Cuckoo's Nest by Ken Kesey
- Forty Studies that Changed Psychology by Roger Hock