

Does your child find it difficult to attend school for emotional reasons?



Join the Educational Psychology Service at a online two-part workshop for parents and carers. We will:

- ▶ Learn more about anxiety
- ▶ Explore what feels helpful for your child and family
- ▶ Discuss working together with schools to help young people attend
- ▶ Share your thoughts and ideas with each other
- ▶ Identify what help and support are available
- ▶ Connect with other parents and carers with similar concerns
- ▶ Consider how we can look after ourselves when things are hard

[**Sign up here**](#)



SESSION 1

**Tuesday 5 March
1.30pm-2.30pm**

SESSION 2

**Thursday 21 March
1.30pm-2.30pm**

**For more information, please email
eps@enfield.gov.uk**

www.enfield.gov.uk