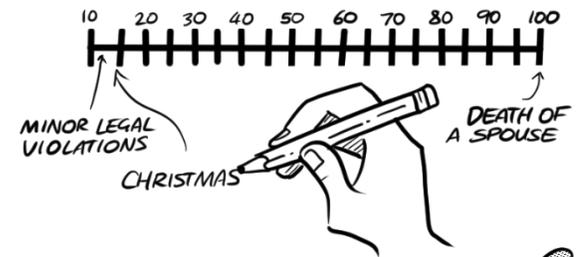


SOCIAL READJUSTMENT RATING SCALE



PIES Developments Across the Six Life Phases

- **Discuss** the developmental milestones a 5 year old is expected to reach and how these will be monitored.
- **Justify two** activities suitable for a child's physical development and 2 activities suitable for a child's intellectual development, with reference to the milestone charts.
- **Evaluate** the role of milestone charts and the importance health care professionals should place on them.

Social Disengagement Theory v Activity Theory:

- Draw up a weekly schedule for a socially active 75 yr old. She has arthritis. She has a very low pension and is in receipt of benefits. She does not have a car and lives in the countryside.
- Discuss social activities that she could do.
- Evaluate why it is important for her to maintain an active social life and evaluate the impact on her if she does not maintain an active social life. Give detailed examples.
- Discuss the impact on all the PIES in a person's life if an individual does not engage in a social life. You can refer to theorists.

Societal Effects of Ageing

- Discuss the physical factors a 65 yr old recently retired person should take into account to maintain a healthy lifestyle. Evaluate why it is important for a 65 year old male or female to take these factors into account. Give detailed examples.
- Discuss the impact on all the PIES in a person's life if an individual does not look after her/his physical health.

Piaget: Theory of Cognitive Development

- **Watch** some YouTube videos for examples of Piaget's theory of cognitive development.
- **Evaluate** Piaget's theory of cognitive development with reference to a 6 year old child whose mother is a doctor and father stays at home to look after him. The family income is high and he regularly enjoys family days out and holidays abroad. He has the numeracy and literacy age of 9 years old. He comes from a home.

Self-Image and Self-Concept: Positive and Negative

- **Luke** is 15 and has severe facial acne. He takes medication for this. He sometimes gets teased by his friends at school and some other students call him names.
- **To what extent** will this have a negative and positive effect on the development of his self-esteem, self-concept and self-image. **Give** examples and relate them to factors that may impact on these three things.

BTEC Level 3 HSC Unit 1 Human Lifespan Development



Factors Affecting Growth and Development

- With reference to the Holmes-Rahe social readjustment scale, **think** of two events that you – or someone you know – have experienced and place them on the scale.
- **Do you agree** with the placing and if so, why? If not, why not?
- **Identify** predictable and unpredictable events that a 50 year old female may experience and **evaluate** the impact they would have on her emotional wellbeing.

Economic Factors Affecting Development

- Roy has recently been made redundant. His wife works as a cleaner and earns the minimum wage. They have two adolescent children. **Discuss** the impact of Roy no longer having a job on the family's day-to-day life and their wellbeing. Additionally, consider if his wife's minimum wage salary will be sufficient to support them.
- John and Jess work as doctors in the local hospital and have two year old twins. **Evaluate the pros and cons** of John and Jess working full-time, with specific reference to the impact this has on their twins both socially and emotionally. You may wish to refer to theorists.

Environmental and Social Factors Affecting Development:

- Betty (52yrs) lives with a physically abusive partner. She is recovering from breast cancer and cannot work at present. Her housing is damp and she cannot afford to heat it properly. She has no transport and does not get out much.
- **Explain** the services that could help Betty access a social life.
- **Evaluate** reasons why Betty may not wish to or be able to access these services.
- **Discuss** the impact on Betty's physical and emotional health from living in damp accommodation, with a physically abusive partner.