## **PSHCE: INTENT**

At Enfield County School for Girls we believe that it is important that students have the opportunity to develop their life skills by studying PHSCE (Personal, Health, Social, Citizenship, and Economic Education). By the end of Year 11 we have the expectation that all students are able to play a full and active part in both the school and the wider society and are able to embrace the challenges they may face in their transition to adult life. Students will have the knowledge and skills that will enable them to make safe and informed decisions about their mental and physical wellbeing, health and relationships and to build their confidence as individuals.

The PSHCE curriculum will help students to develop their knowledge and understanding of a variety of topics so they know how and when to ask for help, and where to access appropriate support. In keeping with the schools ethos and values, we will support our students to develop personal attributes including respect, responsibility, tolerance, co-operation and generosity of spirit, whilst also promoting British Values and incorporating SMSC education.

The curriculum will foster students' our students ability to debate and make reasoned arguments by raising their awareness of a variety of societal issues, including democracy, the government, money management and environmental issues.

PHSCE lessons are delivered by staff one hour each week in years 7, 10 and 11, and fortnightly in year 9. The topics covered are age appropriate, for example in Year 7 students learn about healthy relationships through the perspective of friendships. In Year 9 students cover sex education. At KS4 students will have a variety of lessons on healthy relationships, including consent.