

# POST-16 NEWSLETTER

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On the 28th of June, our school had sports day. It was a long event of everyone cheering each other along and hoping to win for their form. There were many events like 400m, 800m, hurdles, long jump, high jump, javelin, and relay. Shalom won hurdles for Year 9 and Destiny won high jump for Year 7, these girls compete professionally outside of school. Not only are we crediting the sixth formers who volunteered but also credit to the teachers who helped with the timing for each race or being there for support. - Lois R

The event was a great success and symbol of school spirit and strength with forms cheering together for their teammates to win their events. Highlight of the day was Val's brilliant performance in the relay. The day concluded with both the teachers and Sixth Form races showing support from the whole school. A special thank you to all the teachers and Year 12 volunteers who made the events run so smoothly and added to the day's overwhelming success. - Nia G

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# Enrichment and Progression Opportunities

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## University Open Days:

Bangor University  
17th August

Bath Spa University  
18th September

University of Lincoln  
21st September

## Poem of inspiration:

“SMART PEOPLE LEARN FROM  
EVERYTHING AND EVERYONE,  
AVERAGE PEOPLE FROM THEIR  
EXPERIENCES, STUPID PEOPLE  
ALREADY HAVE ALL THE  
ANSWERS.”

SOCRATES

## Revision Methods:

- Blurting
- Cornel Note taking
- Turning Notes into Drawings
- Pomodoro Technique
- 2,3,5,7 Method

## Opportunities:



A- level  
placement at  
Thomson Snell &  
Passmore law  
firm!

The Maker  
Challenge gives  
you the chance to  
develop an idea  
and see it  
through to  
creation.



UCLH Clinical  
Psychology team  
are running a  
workshop for  
students who  
may be  
interested in  
studying clinical  
psychology.

Young  
Filmmakers  
competition - A  
great opportunity  
to make your  
ideas into a film  
and present it at  
Chiswick Film  
Festival.



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# Recent events

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## Progression Programme

During The Progression Programme, 24 - 27 June, 30 different speakers gave talks on their careers. We had a wide variety of different speakers.

Jessica Fleetham gave a talk about her career path in financial journalism. She gave us an insight into her role as a news editor, in which she writes and edits real time financial news, however, before this, she experienced a variety of different jobs. These included working as an English teacher, as well as being an economics reporter, which she did for four years. Jessica's enriching experience provided her with numerous exciting opportunities, such as spending time in Paris and even receiving the chance to go into 10 Downing Street.

One aspect of her job she enjoys most is how interesting everything she reads is. She said, "It's interesting because everything we're reading is somehow relevant to what is happening in the world or country." Jessica also provided some key advice for Year 12 students, who are interested in journalism, one of which included getting some direct experience in writing a newspaper. This session enabled students to gain a perspective on a career into financial journalism and the steps to take if students are interested in this field.

-Ameerah R



Jamie McCormack

One of these speakers was Jamie McCormack, a director, writer, and filmmaker who works on commercial and creative film projects.

McCormack spoke about his experience getting into the film industry and challenges of directing while working in a variety of different locations - at the time of the call he was in Kiyoto, Japan.

As a director and filmmaker, McCormack has worked with a variety of people and companies, and shared how this has shaped his life and experiences. He also gave advice for people looking to delve into the industry and start making films themselves.

-Bazile A

### Key Dates:

Personal statements - 15th July  
UCAS early application - 15th October

(Medicine, Oxbridge) deadline  
All other applications deadline - 1st November

# Recent events

## Spirit week

Akshaja and I were super impressed by all of the outfits we saw during spirit week! Thanks to everyone who got involved, we hope you all enjoyed it. After a very stressful time of mocks and personal statement writing, we definitely needed energising. We hope to organise even more fun events in the future!

-Mia C, Head Girl



## UCAS Day

On Monday 1st July, Year 12 had UCAS Day. The day consisted of a variety of workshops which equipped Year 12 with the necessary skills needed in preparation for university. The carousel of workshops included: cooking on a budget, planning a personal statement, applying to the UCAS website and researching universities. This day has helped Year 12 understand the process of applying to university and the requirements needed for university. As well as this, it has also taught Year 12 the importance of independence and readied students for life after sixth form.

-Rachel H

## Geography Residential

The Year 12 Geography cohort recently attended a residential trip to Flatford Mill at the end of June. Our focus was on collecting data for our NEAs, which contribute to 20% of our grades. The trip was hard work but a lot of fun, and it was helpful to sample our data first-hand.

As most of us chose to do human geography, we visited Ipswich, where we collected data from a number of different surveys to help prove our hypothesis.

-Anna L

# Recent events

## Summer Fete

On Saturday 7th July, Rosmary Avenue hosted its first summer fete to celebrate the end of the year. The fete saw an excellent turn out with people enjoying the amazing spectrum of local food stalls and businesses. Classic fun-fair games such as a Tombola and Hook-a-Duck added to the lively and festive atmosphere as well as a plethora of stalls to buy anything from books, jewellery and plants. The event closed with a line-up of wonderful performances from talented students including an Afro-beats dance routine and several solo performances. Thank you to all who attended and contributed to the success of our summer fete!

-Nia G



“ Just because you don’t understand my identity, doesn’t mean I’m not real. That I don’t exist.

Pride Month Recommended Read: Felix Ever After by Kacen Callender

‘Felix Ever After’ (winner of the Stonewall and Lambda Award) by Kacen Callender is a coming-of-age novel that follows Felix Love through his final year before college as he joins a summer art course in New York City. He has struggled to find the path through most of his teen years already: ‘Felix is black, queer, and transgender: which he fears may be one marginalisation too many.’

Felix faces steep competition at his art course and finds himself in complicated relationships with his peers. He has yet to figure out the experience of loving and being loved, and what acceptance *truly* looks like. In the midst of understanding romantic relationships, Felix is faced with re-evaluating his friendships and his own identity. He must look at his culture, his sexuality, and his gender identity to learn to accept and stand up for himself.

Callender tackles significant problems in sensitive and meaningful ways, including the challenges faced by transgender youth, the queer romantic experience, and the balance of community and culture for queer people of colour. A new perspective is brought to the table, one of incredible importance as the LGBTQ+ movement shifts and changes.

-Bazile A



## Classic Facts:

The Julian Calendar, introduced by Julius Caesar and used throughout the Western World for more than 1600 years, is strangely not his only influence on the modern calendar, nor is it his only calendar related namesake. When Caesar was assassinated in 44 BC, Quintilis, the month in which he had been born, was renamed Julius (July) in his honour. The former, 'Quintilis', means "fifth month" in Latin, which represents where this month originally fell in the Roman calendar. These Latin numerical names still influence the modern calendar in the months of Sept(7)ember, Oct(8)ober, Nov(9)ember, and Dec(10)ember. Later, August was also renamed to honour Caesar's successor Augustus, who stole a day from February to make sure that his month (formerly 30 days) equated to July's 31 days. Make the most of the rest of those 62 days over the holidays, Caesar didn't die for summer to be wasted.

-Amalia F

## Cancer (June 21 - July 22)



Nurturing and loyal, Cancers are also protective of their loved ones. While reserved, they stand on a foundation of strength – and aren't afraid to act when they feel it's necessary.

Cancers retain what they learn best when they are emotionally stable. They are one of the zodiac signs that are good with memorisation, so they can cram easily for a test.

### Inspirational Quote of the Month:

*"What do they know of cricket, who only cricket know?"* – CLR James

The quote is criticising those who have a narrow range of interests. For how can you understand cricket without understanding, history or human psychology? I chose this quote as it reflects the importance of you all exposing yourselves to a wide range of interests or careers as we did during the Progression Programme to widen your understanding of the world.

Cyril Lionel Robert James (1901 – 1989), was a Trinidadian primarily known for his writings as a Marxist Historian. However, he James was a polymath, meaning he had a wide range of interests and knowledge. As well as being a historian he was also a play write and keen cricketer. He was a pioneering and influential voice in postcolonial literature. In 1938 he wrote on the Haitian Revolution, *The Black Jacobins*. The performance of his 1934 play *Toussaint Louverture* (leader of the Haitian Revolution) was the first time black professional actors featured in a production written by a black playwright in the UK.